

## Materials List for PAINTING AS CREATIVE EMPOWERMENT

I will be using the following materials, but I suggest you work in materials that are appropriate for your current situation. Please don't feel you need to use the same materials that I am using if that's problematic. Use materials that will allow you to explore the various exercises that we will be doing. If you have questions about that please feel free to contact me.

Graphite Pencils, HB, B, 2B

Mars White Plastic Eraser

Pencil Sharpener

Drawing Paper, Strathmore 400 Series, 18"x24" pad

Masking Tape

Vine Charcoal

Drawing Board (large enough for 18"x24" and 22"x30" paper)

Chamois (deer skin)

Kneaded Eraser

Fixative

Charcoal Paper, Rives BFK or Arches Cover, 22"x30"

Oil Paints:

Titanium White

Mars Black

Sap Green

Venetian Red

Yellow Ochre

Ultramarine Blue

Cadmium Red Light

Cadmium Yellow Medium

Prussian Blue

Alizarin Crimson

Cadmium Red Medium

Cadmium Yellow Light

Indian Yellow

Various additional colors

Refined Linseed Oil

A range of canvases of different sizes, approximately 20"x18" to 28"x25",  
approximately six canvases.