

Materials for PAINTING as INNER ENGAGEMENT, Part One

Graphite Pencils, HB, B, 2B

Mars White Plastic Eraser

Pencil Sharpener (important!)

Drawing Paper, Strathmore 400 Series, 18"x24" pad, 80 or 90 lb. (thicker than Sketch Paper which is 60 lb.)

Masking Tape

Vine Charcoal: try hard, medium, and soft and different thicknesses to see what works best for you

Drawing Board (large enough for 18"x24" paper)

Chamois (deer skin)

Kneaded Eraser

Fixative

Charcoal Paper, Rives BFK (one sheet should last approximately four sessions) or Strathmore 500 Series, 18"x24" pad or 11"x14" pad

Palette (at least 11"x14") (non-disposable preferred: wood is good)

A tall can, to hold brushes that are in use (like large tomato juice can)

Gamsol (a good non-toxic solvent)

Refined Linseed Oil

Baby food jar or similar with lid

Palette knife for mixing (with blade long like a finger)

Palette cup (metal with a clip on the bottom)

Cotton rags (Important!)

A variety of brushes, I recommend hog bristle by Robert Simmons/Signet You can try different shapes -- there are four kinds: rounds, flats, brights and filberts. I suggest you have at least two brights that are a number 10, two brights that are a number 8, three brights that are a number 6 and three brights that are a number 4.

Titanium White (large tube)

Ivory black or Mars black